



Fall Protection

Working at Heights

Course Overview

- Fall dynamics & hazard identification
- Rights & responsibilities related to working at heights
- Ladder safety
- Legislative requirements for worker fall safety
- Fall hazard control & system options
- Personal fall protection components
- Rescue requirements & planning
- Equipment care principles

Course Code: 6212 | Duration: 8 Hours

Course Description

This full-day program is designed for workers in the Ontario construction industry who must complete the required training as outlined in Ontario Regulation 213/91 (Construction Projects). Our program is approved by the Chief Prevention Officer and meets the requirements of the Working at Heights Training Standard. This program will provide students with necessary knowledge to safely perform their duties at heights.

The training program consists of a combination of theory and practical modules, which will educate students on the concepts and principles of fall safety. Upon completion of the program, students will be prepared to identify on-site fall hazards, the system options available for fall safety, and the proper set-up and usage of these systems.

The course material is energetically delivered by one of our qualified instructors and will use a variety of learning strategies that focus on students' retention.

3M Personal Safety Division

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